

SUGGESTED PACKING LIST

Please limit your gear to 30 pounds!

<input type="checkbox"/>	Your pillow – if desired	<input type="checkbox"/>	Sunscreen/body lotion
<input type="checkbox"/>	1 set river shoes	<input type="checkbox"/>	Plastic bags for wet clothes
<input type="checkbox"/>	1 set camp shoes	<input type="checkbox"/>	Chapstick/Carmex lip balm
<input type="checkbox"/>	2-3 pairs socks	<input type="checkbox"/>	Towel/washcloth
<input type="checkbox"/>	Changes of underwear	<input type="checkbox"/>	Soap/shampoo (store in baggies)
<input type="checkbox"/>	1 bathing suit	<input type="checkbox"/>	Toothbrush/toothpaste
<input type="checkbox"/>	1 pair nylon shorts	<input type="checkbox"/>	Mirror/comb/shaving kit
<input type="checkbox"/>	1 pair warm fleece pants	<input type="checkbox"/>	Small nylon cord (clothesline)
<input type="checkbox"/>	1-2 sets long underwear	<input type="checkbox"/>	2-3 zip lock bags for toiletries
<input type="checkbox"/>	2-3 lightweight tops	<input type="checkbox"/>	Aspirin/band-aids
<input type="checkbox"/>	1 lightweight long sleeved top	<input type="checkbox"/>	Medications
<input type="checkbox"/>	1-2 heavy fleece tops	<input type="checkbox"/>	Bug repellent
<input type="checkbox"/>	1 set rain gear (for rain & splash)	<input type="checkbox"/>	Fishing license – if desired*
<input type="checkbox"/>	Warm hat, gloves & socks	<input type="checkbox"/>	Camera/film/batteries
<input type="checkbox"/>	Wide brim hat	<input type="checkbox"/>	Flashlight/batteries
<input type="checkbox"/>	Sunglasses w/strap	<input type="checkbox"/>	Waterproof map/reading material≠
<input type="checkbox"/>	Warm jacket or fleece layers	<input type="checkbox"/>	Copy of identification & insurance card^
<input type="checkbox"/>	Water bottle w/securing strap	<input type="checkbox"/>	Emergency contact info^
<input type="checkbox"/>	Musical instrument+	<input type="checkbox"/>	Small amount of cash for the Flying B^
<input type="checkbox"/>	Sacks/large zip locks to organize gear	<input type="checkbox"/>	Blank check or cash for guide gratuity^
		<input type="checkbox"/>	Blank check or credit card for flight to alternate launch site, if necessary^

*Fishing licenses & matching identification must be carried with you while fishing

≠We carry a small library of books and games

+Optional and at your own risk, we will usually have a guitar

^We recommend carrying copies of your id & insurance card, as well as cash & blank checks in a baggie (Note: the Flying B is a ranch located on the banks of the Middle Fork with a small general store that sells ice cream, sodas, beer, t-shirts and snacks)